

# DIGITAL SECURITY SALAD



**A QUICK RECIPE TO KEEP  
YOU AND YOUR  
INFORMATION SAFE**

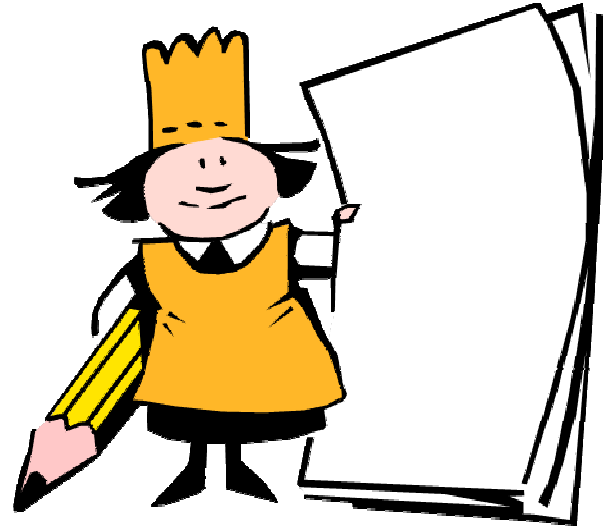
By Andrea Cannavina, CEO

[www.LegalTypist.com](http://www.LegalTypist.com)

@AndreaCan

# DIGITAL SECURITY SALAD

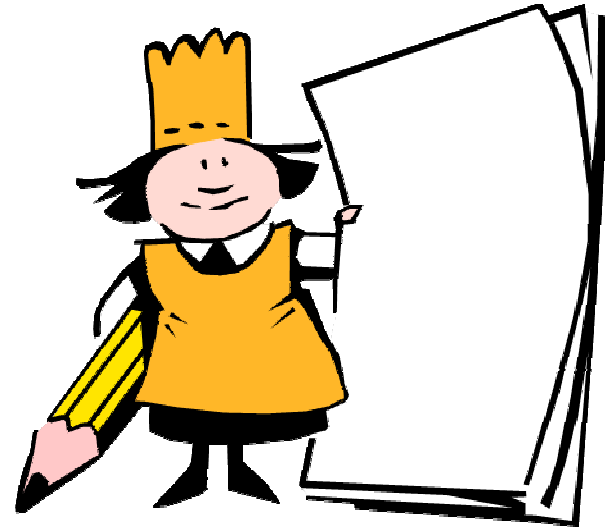
Ingredients:



# DIGITAL SECURITY SALAD

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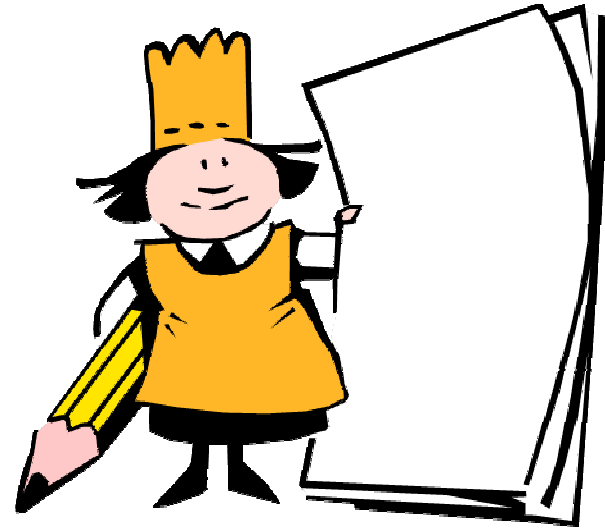
- 1 Head of consciousness



# DIGITAL SECURITY SALAD

## Ingredients:

- 1 Head of consciousness
- 1 Clean PC



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- 2 Fresh operating accounts



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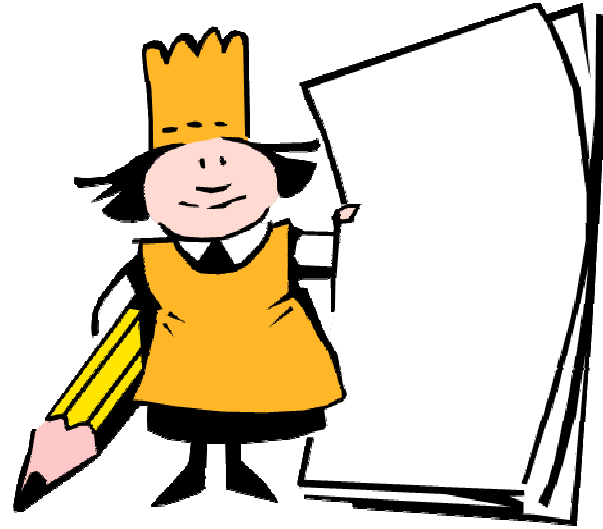
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## Ingredients:

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- Sprinkled with several well thought out passwords



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- Sprinkled with several well thought out passwords
- Cover with Paypal Account
- Add several dashes plain old common sense



# **1 HEAD OF CONSCIOUSNESS**

**Let that sink in....**



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**Be aware!**



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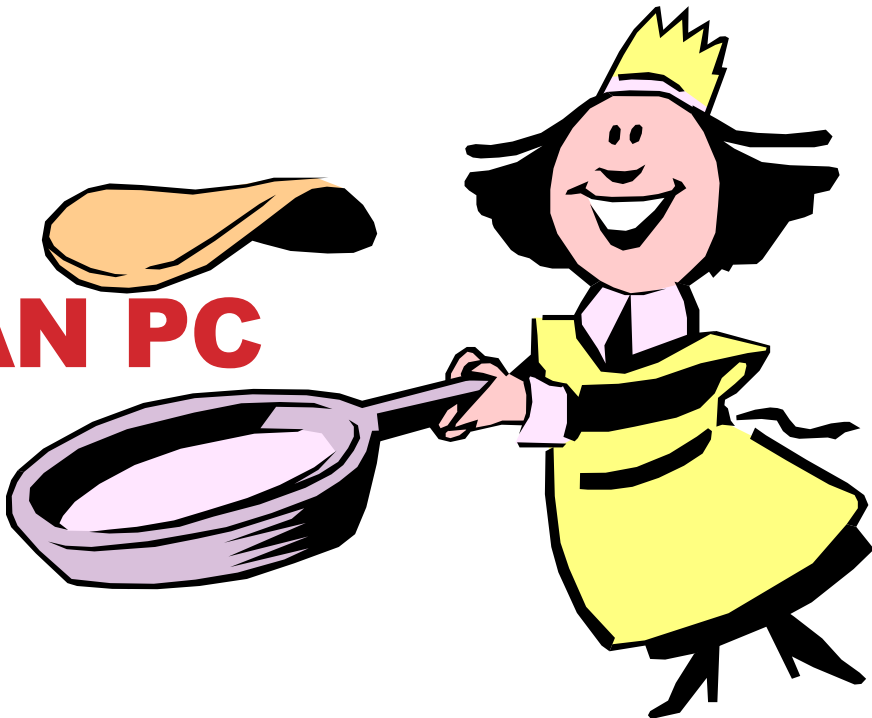
**Don't trust anyone and remember, just because  
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**No lock box icon or https:// = no intel**

**Trust your instincts**

**Pay attention!!!**

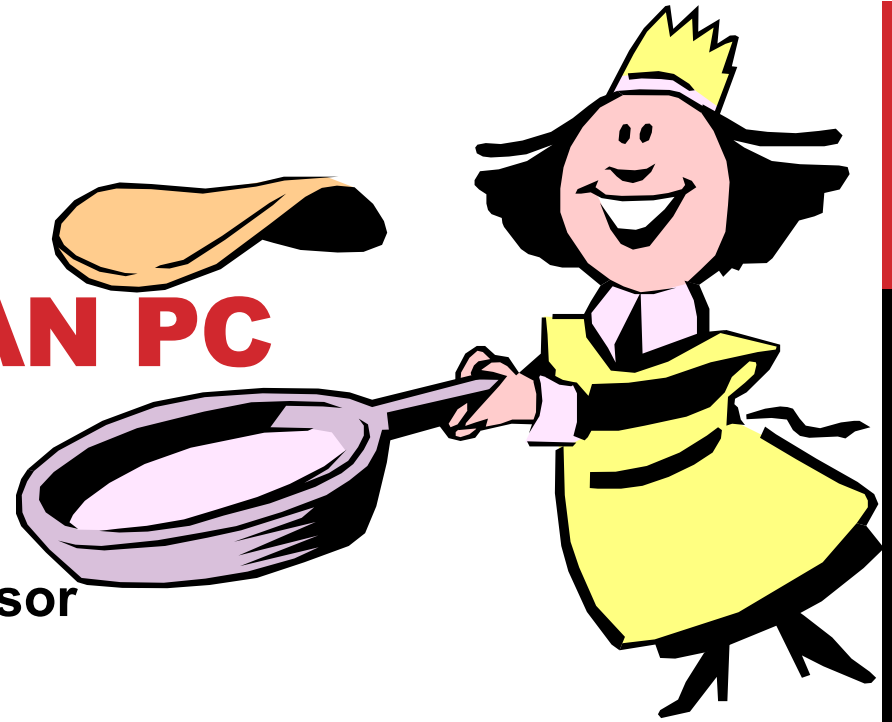
**WHIP UP 1 CLEAN PC**



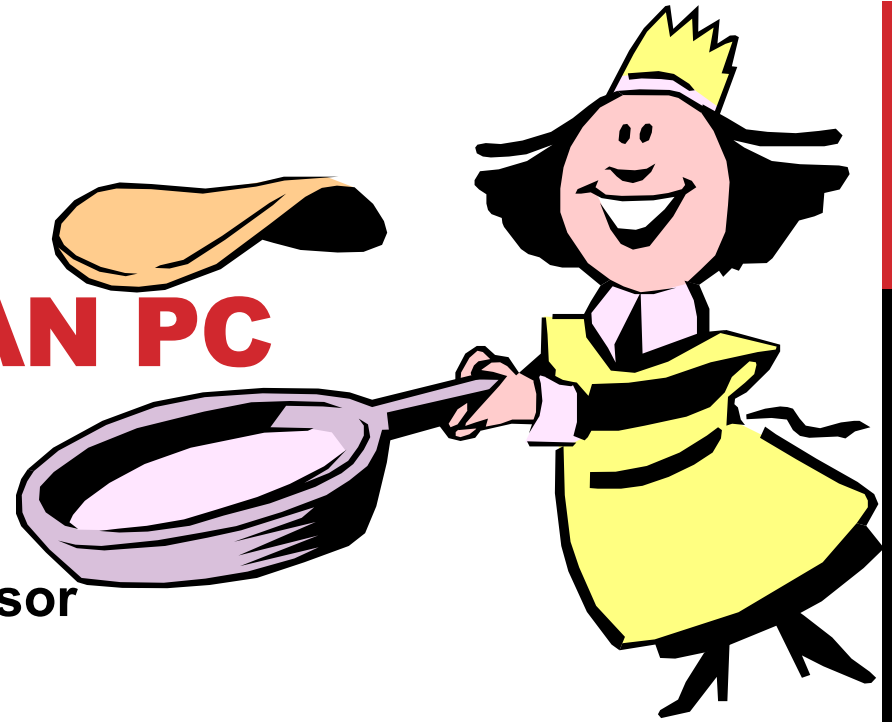
# WHIP UP 1 CLEAN PC

Download and install Belarc Advisor

<http://www.belarc.com/>



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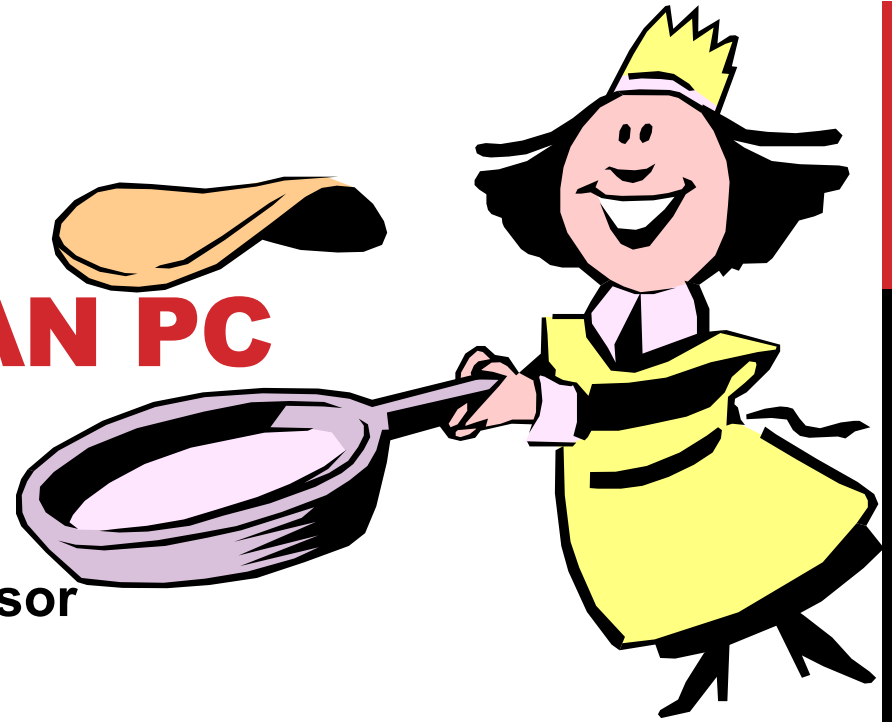


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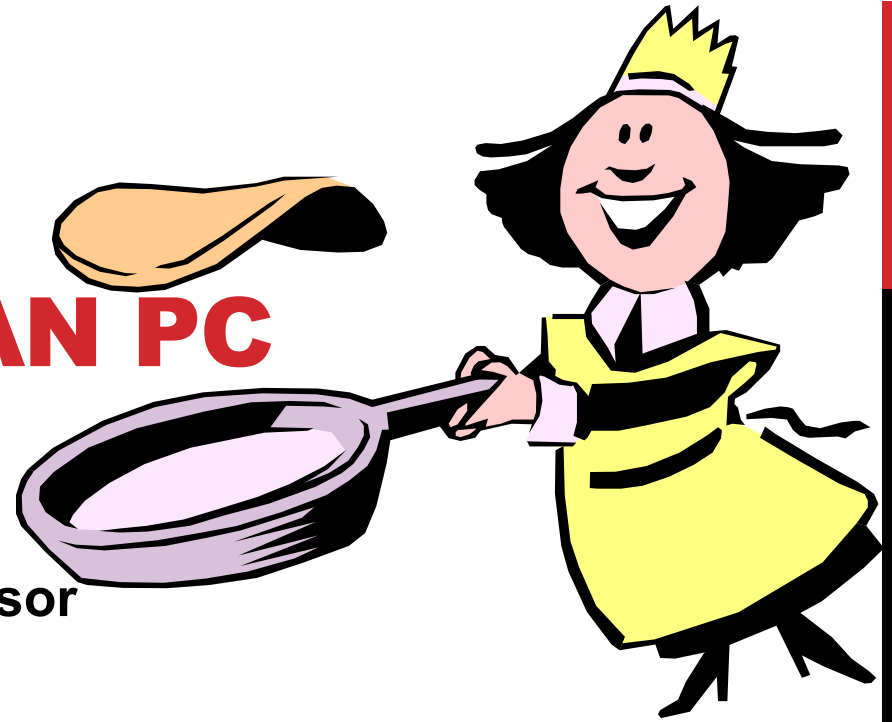
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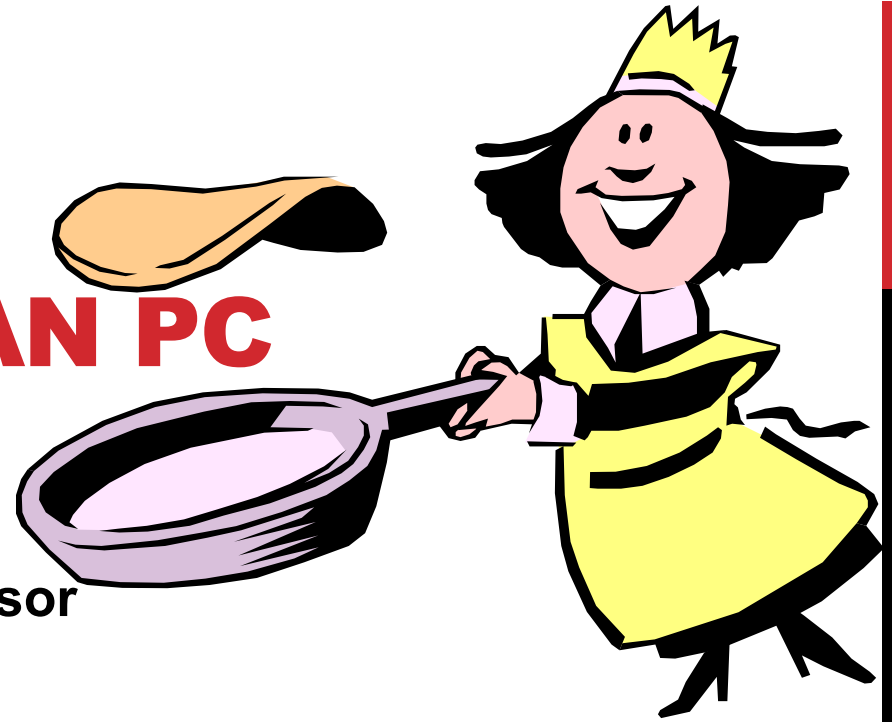
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Your connection to the Internet is secure

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Print out report to review soft and hardware versions/  
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Make sure anti virus protection is connecting every 24 hours and  
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Your connection to the Internet is secure

Do a weekly cleansing with Ccleaner, including shutting down all  
programs, closing all documents and physically turning off  
the computer <-its good for YOU too!



# **CORE OPERATING ACCTS**

**For New PCs ONLY**







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**For New PCs ONLY**

- Add password protect





# **CORE OPERATING ACCTS**

## **For New PCs ONLY**

- Add password protect
- Create Admin and User account





# **CORE OPERATING ACCTS**

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- Add password protect
- Create Admin and User account
- Password protect both



# DICE UP E-MAIL ACCTS



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1 Primary Domain E-mail



# DICE UP E-MAIL ACCTS



**1 Primary Domain E-mail**

**1 Free Web Based E-mail you care about**

## **DICE UP E-MAIL ACCTS**



**1 Primary Domain E-mail**

**1 Free Web Based E-mail you care about**

**1 Free Web Based E-mail you don't**

# SPRINKLE WITH PASSWORDS





# **SPRINKLE WITH PASSWORDS**

**Was 8 – now 12+ keystrokes long**



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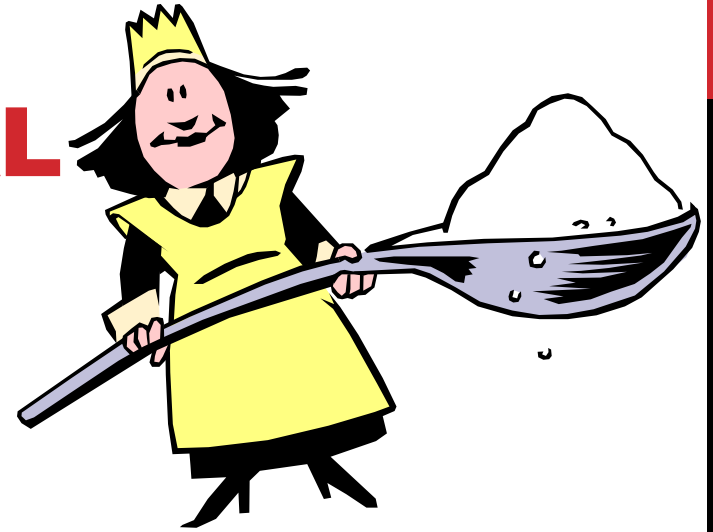
**Use lower and UPPER case letters, symbols**

**At LEAST 8 keystrokes long**



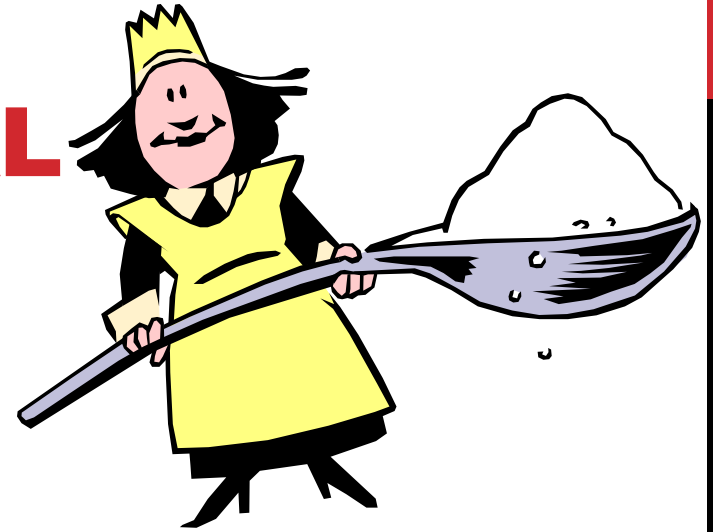
# MEASURING PAYPAL

PayPal™



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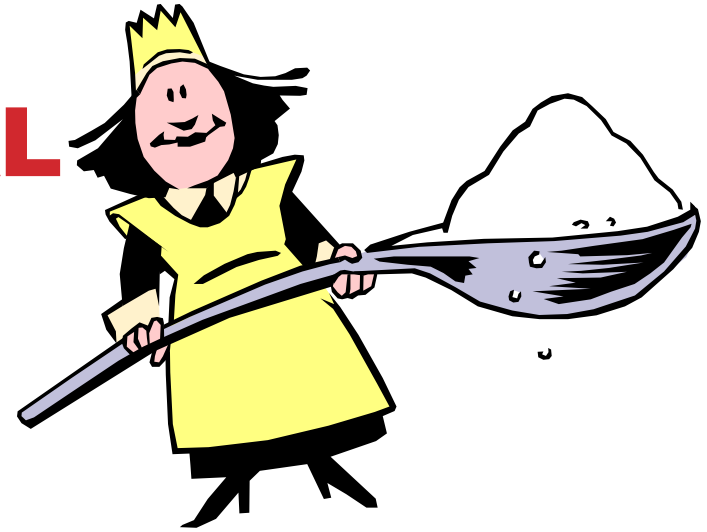
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**Created for Buyers not Sellers**

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**Created for Buyers not Sellers**

**Has access to your bank account – be smart.**



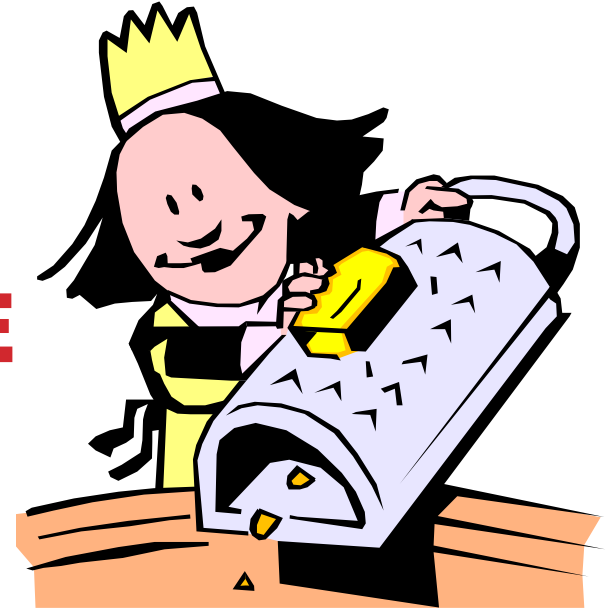
**ADD COMMON SENSE**



**Sprinkle liberally with common sense:**

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- If you don't know a link, don't click it.



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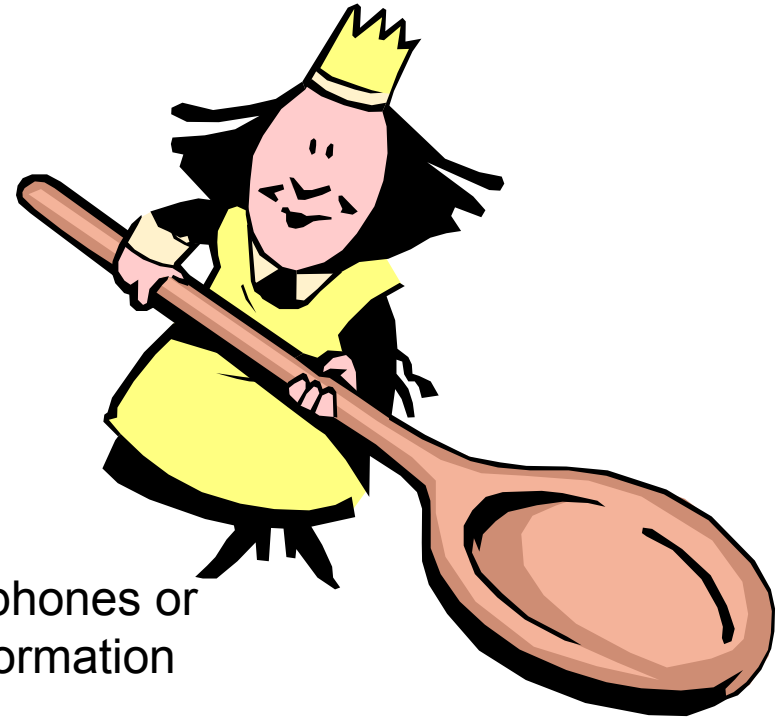
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- If you are in a public area, don't let people watch your screen or keyboard. Never leave your equipment unattended.
- Try to always connect to your information through a secure connection (and make sure your connection from your laptop to the internet is also secure). This means NO open (aka free) wi fi!

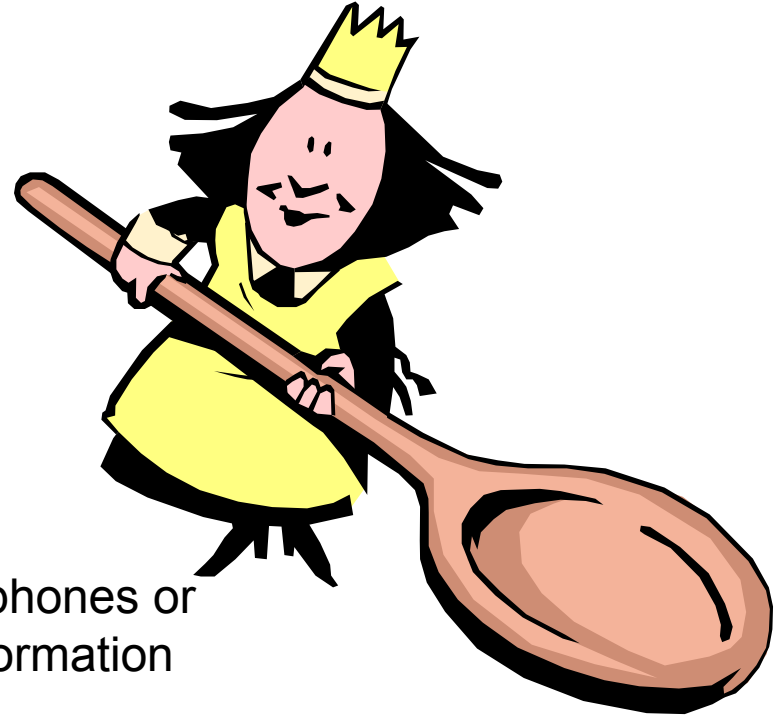
# MIX IN



Don't throw out old computers, cell phones or disks without properly wiping the information



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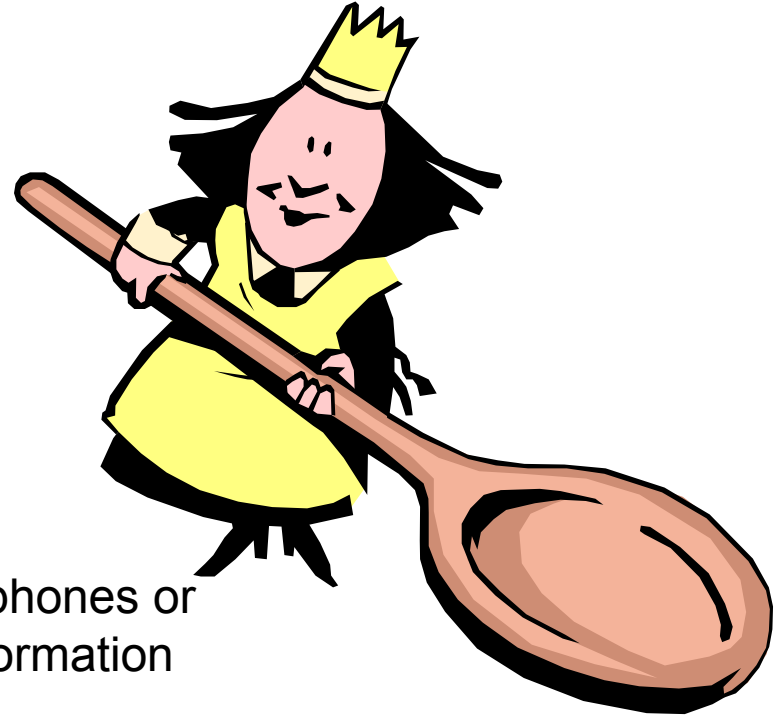


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- Use a password on your cell phone.



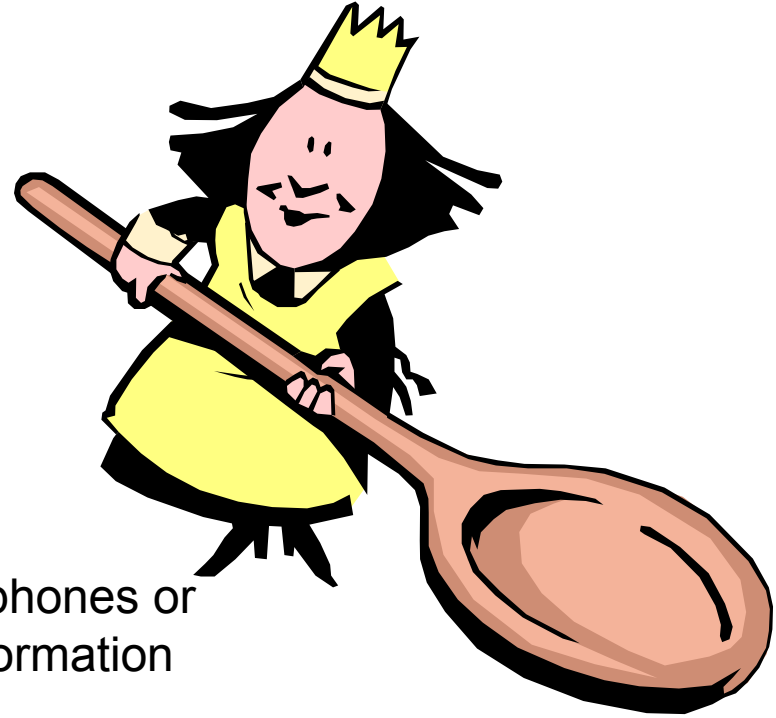


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- Use a password on your cell phone
- Don't use free servers, including Google, to hold sensitive or business critical information, documents or files
- Remember: e-mail is more of a postcard than it is a sealed envelope.

# **YOU ARE NOW READY TO ENJOY YOUR DIGITAL SECURITY SALAD!**



**By layering your security the way you would a salad, being aware of what each item brings to the mix, you increase the health of your overall computer and personal mobile devices, and the security and privacy of your information, data and files.**

# DIGITAL SECURITY SALAD

BYOB Recipe For Tech Success

What's On My PC?



**Ingredients:**

1. PC
1. Internet Connection
1. Bitac Advice Library

**Directions:**

1. Navigate to <http://www.bitac.com/>
2. Download and install Bitac Advisor software
3. Run Bitac Advisor. Print out report to review software versions/configurations
4. For printout to 866-548-2195 and set up free call through <http://www.legaltypist.com> if you have questions.

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